



# THE NATIONAL SERVICE SCHEME (NSS) REPORT



## 1<sup>st</sup> QUARTER REPORT

### First Donation Distribution

The donations collected from the university community by NSS Cell through its Donation Drives were distributed in the slum near Kalinga Hospital, Bhubaneswar on April 13, 2023. One of the greatest joys of giving lies in donating to others. By helping, whether it be through donations, volunteer work, or acts of kindness, we enable individuals to overcome challenges and improve their quality of life.



### NSS Youth Leadership Workshop – AIIMS Bhubaneswar

NSS Bureau of AIIMS Bhubaneswar conducted a Youth Leadership Workshop from April 21-24, 2023 in which 7 NSS volunteers from XIM University also took part. It was a three-day workshop in which students were provided with a dynamic and transformative platform to develop essential skills, foster personal growth, and cultivate leadership quality. Participants were engaged in interactive sessions and experiential activities.

## First Free Health Check-up

NSS Cell organized a general health check-up camp for all the members of the XIM family – faculty, Ph.D. Scholars, Students, non-teaching staff, security persons, and other multi-tasking staff members in collaboration with Apollo Diagnostics, Bhubaneswar on May 6, 2023. Around 100 community members benefitted from the health check-up camp. Apollo Diagnostics offered two tests such as Sugar fasting and Cholesterol to each one of the community members. It was a successful health camp on the campus.



## NSS State Cultural Fest

NSS State Level Cultural Fest was organized by Odisha State NSS Cell at Shiksha O Anusandhan (Deemed to be University) in association with the Department of Higher Education, Government of Odisha and Ministry of Youth Affairs and Sports from May 21-23, 2023. The purpose of the festival was to promote the cultural and literary talent of the volunteers. Six enthusiast NSS volunteers from XIM University participated in cultural competitions and won a few awards as well. This fest provided an opportunity to showcase the talents and create a network among youth. Prof. Biranchi Narayan Panda, NSS program officer was present during the state-level cultural fest program.

## International Yoga Day Celebration

International Yoga Day is commonly celebrated on June 21 every year. Yoga is a gift to the world from India to elevate physical and mental health. The essence of yoga is balance - not just balance within the body or that between the mind and the body, but also balance in the human relationship with the world. Yoga emphasizes the values of mindfulness, moderation, discipline, and perseverance. When applied to communities and societies, Yoga offers a path to sustainable living. NSS celebrated "International Yoga Day" on June 19, 2023, in the hybrid mode. Ms. Rajashree Mohanty, an experienced yoga trainer, conducted the yoga session. Around 30 staff members, faculty and students joined the yoga session.



## NSS Volunteers Participation in Conference on Developments in Capital Market and Role of SEBI

Around ten NSS volunteers participated in a one-day conference on June 30, 2023, on the theme "Developments in Capital Market and Role of Regulators" KIIT, deemed to be University, hosted the conference in collaboration with the Securities and Exchange Board of India (SEBI) and NSS.

## Van Mahotsav Celebration



NSS Cell celebrated Van Mahotsav on July 11, 2023. A massive plantation drive was conducted after an expert talk on the theme of “Awareness about the science behind the right way of plantation”. The aim of collective efforts of tree planting was to foster a greener and more sustainable environment for the present and future generations and help restore the ecological balance. Around 100 plants collected from government nurseries were planted at the university campus by student volunteers.

## Celebration of World Youth Skills Day



NSS cell celebrated World Youth Skills Day on July 15, 2023. World Youth Skills Day aims to highlight the important role that teachers and educators play in shaping the youth. In this connection, a Communication Skill Workshop was organised at Raghunath Regional High School on 15 July, 2023 from 10. 00 am to 11.30 am. This one-and-a-half-hour program was designed to address the school children's communication skill challenges while speaking in public. Around 12 NSS Volunteers conducted the session and engaged the high school students with multiple skill-enhancement activities.